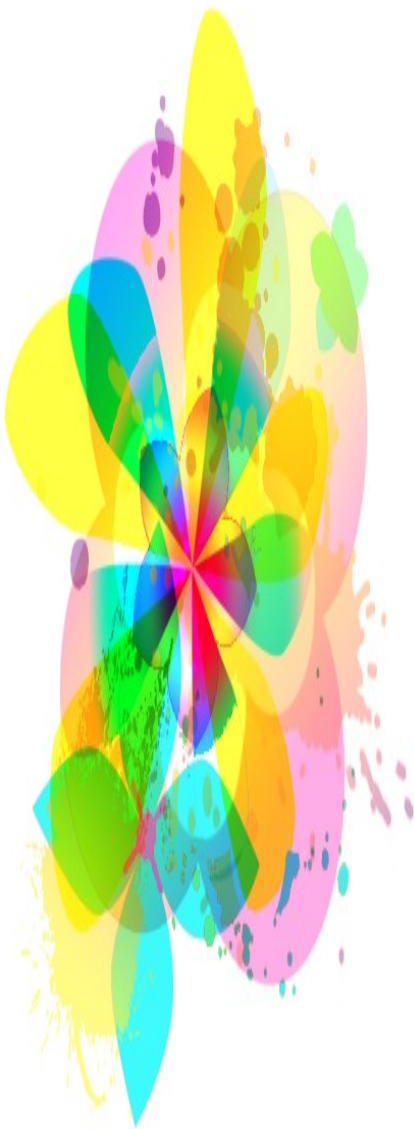


Caregiver Time Out!

Every Thursday
2:00 p.m.– 4:00 p.m.
Moffitt Classroom
St. Luke United Methodist Church
2916 Wicker Street
Sanford, N. C.



Family Caregivers! We would like to announce our partnership with St. Luke United Methodist Church every Thursday from 2:00-4:00 p.m. for Caregiver Time Out.

We encourage you to take this opportunity to give yourself a break for two hours each Thursday. Our goals are to provide respite for family caregivers, socialization and stimulation for participants and to support each other. Call 776-0501, Ext. 230 and let us help you be the best caregiver You can be!

The Enrichment Center

1615 S. Third Street, Sanford, NC 27330

www.leecountync.gov/ec